

# Supporting Young People with Neurodiversity

## Spotlight on ADHD

INTRODUCING...

# COFFEE WITH QLIP

A regular informal space for Islington youth workers to convene, share best practice, and hear examples of great work in the borough.

## NEXT MEETING

Wednesday  
2nd October  
12:00–13:30

at Rosebowl,  
N1 2PT

Join us and our guest speaker to talk about supporting young people with ADHD and other neurodiversity.

Bring your lunch or a cuppa and come ready to share, reflect and ask questions!

Want to join online? Get in touch to arrange.

[QLIP.ORG.UK/COFFEE](https://qlip.org.uk/coffee)



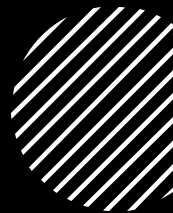


## TODAY

- Hear From Parents in Islington ADHD Parent Group
- Young people experiences at Mary's YC
- Practitioner input (specialist)
- Youth Worker Experiences
- Q&A with CAMHS (Abby SEMH practitioner)
- What will you take away from today?
- Networking and lunch



# Consider



How do you identify and understand the individual needs of young people with ADHD or neurodiverse conditions?



What % of young people do you work with who are neurodivergent?



Have you done any training on neurodiversity?



How many neurodivergent diagnoses can you name?

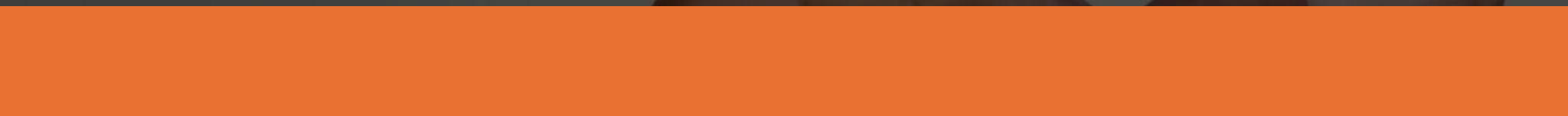
**What Parents /  
Guardians Think**

**Carly ADHD  
parent support  
group**



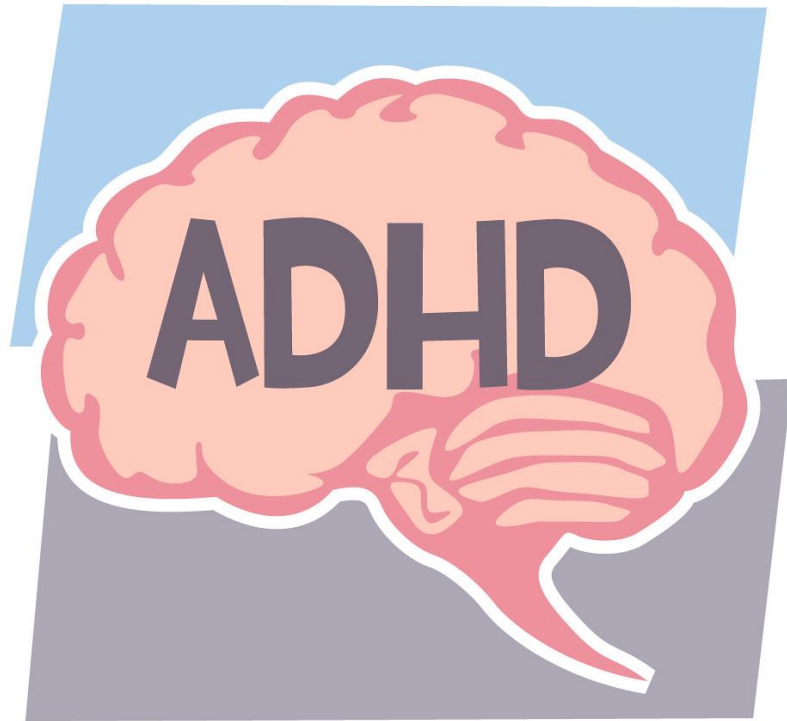


Let's hear from young  
people (at Mary's YC)





# Game: Focus or Fiction



**WHAT IS**

**NEURODIVERSITY?**





Our Expert,  
Nicole Julien-  
Connage,  
Psychotherapist &  
mental health  
speaker (Barnet &  
Haringey NHS)



# Discussion

## Consider

What are the biggest challenges you face when working with neurodiverse young people, and how do you address these challenges?

How do you manage challenging behaviours that might arise from ADHD or other neurodiverse conditions while maintaining a positive and inclusive environment?

Can you share an example of how you've successfully adjusted a youth activity to accommodate a young person with ADHD?

What support or resources do you think youth workers need more of to better support young people with ADHD or neurodiversity?

In your experience, what impact does youth work have on the lives of neurodiverse young people?



Questions  
with CAMHS  
Abby SEMH  
practitioner



# Resources

- [ADHD Support For Your Child | Parents Advice Guide | YoungMinds](#)
- [Resources Archive - ADHD Foundation : ADHD Foundation](#)
- [Services for Children & Young People - Centre for ADHD and Autism Support](#)
- ADHD Parent Programme The Brandon Centre  
familyservice@brandoncentre.org.uk



Feedback on  
Today: Coffee  
with QLIP  
Focus on  
ADHD

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